

6 - 8 NOVEMBER 2009

SUMMER FIESTA

A celebration of summer's abundance

November is the beginning of summer fruit season and we will be conducting ongoing courses during the month in between our scheduled themed programmes, to celebrate this abundance. Stone fruits of the area include apricots, plums, peaches and pears. Let us design a special cooking programme for you. Fresh seasonal vegetables and herbs from the garden can be gathered daily and added to the recipes for summer soups and salads you will be learning. This summer course can be designed to include dishes for vegetarians. Skills include how to prepare and pickle vegetables and summer preserves. It is not important what your level of skill or experience; you will have fun learning how to cook a wide variety of South African summer recipes.

Here is a condensed itinerary for your information:

FRIDAY 6 NOVEMBER

08:00 - 12:00 Guests arrive at African Relish and are escorted to accommodation.

13:00 Light lunch at African Relish

14:00 - 17:00 *Session 1* - Introduction. For casual summer entertaining: a selection of summer soups and drinks, sophisticated salads and fashionable summer tapas

17:00 At leisure

19:00 Welcome dinner at African Relish

17:00 - 19:00 At leisure.

19:30 Dinner at African Relish

SUNDAY 8 NOVEMBER

07:00 Earlybirds for walk and cycle meet at African Relish for coffee and rusks and some more fresh air with Jeremy

09:30 Karoo style brunch at African Relish.

Demonstrations and hands on session on how to make the perfect Karoo brunch 'tapas' style.

We do hope that you are able to join us as we explore the abundance of summer picked fresh from our garden or the market for ideas to share back home, and beware the Karoo Magic bug that is bound to bite you.

We look forward to welcoming you to our kitchen as you begin your quest for culinary enlightenment.

Rate is R1850.00 per person sharing per night. Includes all above meals from Friday lunch to Sunday brunch, cooking course, tour & activities, recipes and apron plus accommodation.



COURSE
OUTLINE

RECREATIONAL
COOKING
SCHOOL



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ENQUIRIES / RESERVATIONS

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