

29 APRIL - 1 MAY 2011

OLIVE FESTIVAL

A CELEBRATION OF THE OLIVE HARVEST



www.africanrelish.com

Join us to celebrate the olive harvest and the arrival of the fresh peppery new season's extra virgin olive oil. We will be creating some delectable dishes with olives and a variety of olive products. Pick your own olives, watch them being pressed and take away your own bottle of fresh extra virgin oil. Local Prince Albert seasonal produce, including a range of fresh vegetables, fruit, herbs and venison and of course the famous fragrant lamb will top the menu as we cook a colourful and delicious array of South African and Karoo dishes.

Itinerary

FRIDAY

From 12:00 - Arrive at African Relish and settle in to accommodation.

13:00 - Light lunch served at African Relish, meet the team and get your course outline.

14:30 - At leisure to explore the village and visit the local art gallery, antique shops and museum, or just relax and take in the peace and quiet.

17:30 Wine tasting at Soet Karoo.

19:00 Welcome dinner at African Relish

SATURDAY

06:30 - For the energetic an early morning walk up the lower reaches of the famous Swartberg Pass.

09:00 - Breakfast at African Relish

10:00 - Visit to Prince Albert Olives. Picking and pressing fresh olives. Olive oil tasting.

11:30 - Cooking session Demonstration of knife skills, cutting techniques and preparation methods. Kitchen orientation and background introduction to South African culinary culture.

13:00 - Light lunch at African Relish

14:30 - Cooking session 2. Preparation of some Karoo classics. Bread baking techniques with olives. Olive tapenades an some cocktail and Tapas ideas. How to prepare your own table olives, pickling and preserving tips.

17:00 - Ghost walk and village ramble - Ailsa Tudhope, historian and story teller, takes you on a journey back in time with tales of ghosts and village rogues from the past. Meet outside Fransie Pienaar Museum.

19:30 - Dinner at African Relish where we enjoy the fruits of the day's culinary endeavours.

SUNDAY

06:30 - Gather at African Relish for coffee and rusks. Botanical excursion with Dr Sue Milton, renowned botanist and specialist in Karoo biome biology.

10:30 - Great Karoo Brunch with some interesting demonstrations.

13:00 - Depart on onward journey

Price: R3850.00 per person 2 nights/ 3 days. Inclusive of luxury accommodation, all meals, cooking classes, ingredients, soft drinks and special African Relish apron.

We look forward to welcoming you to the magical Karoo and feel certain that you will leave us feeling refreshed and revitalised.

