

12 November 2011



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A CULINARY CRUSADE

The quest for perfect Karoo cuisine starts here!

We embark on a quest to uncover some long forgotten culinary mysteries hidden in the timeless Karoo. Bokkie Botha, Prince Albert's own intrepid culinary crusader will lead us in our quest to recreate some Karoo classics using tried and trusted methods. You will also have the opportunity to invent and innovate using abundant local Karoo produce, creating your very own 'classics'. We will turn the ordinary into the extraordinary; the mundane into the sublime and you will leave with a profound and pleasant after taste. Join the crusade with us!

Itinerary :

SATURDAY 12 NOVEMBER 2011

07:00 - For the energetic an early morning walk up the lower reaches of the famous Swartberg Pass, built by Sir Thomas Bain in 1886. Mountain bikes rides are also available with a guide.

09:00 - After visiting the Saturday Market for some local flavour, the **cooking session** starts. Demonstration of knife skills and preparation methods. Kitchen orientation and background introduction to South African culinary culture. Introduction to some unusual and mostly forgotten ingredients.

13:00 - Light lunch at African Relish

14:30 - **Cooking session.** Preparation of some Karoo classics. We get creative in the kitchen while we innovate and create some new 'classics' with a modern twist.

17:00 - At leisure

19:30 - Dinner at African Relish where we enjoy the fruits of the day's culinary endeavours.

Price: R950.00 per person. Inclusive of lunch, dinner and the cooking class.

We look forward to welcoming you to the magical Karoo and feel certain that you will leave us feeling refreshed and revitalised.

www.africanrelish.com

