

SUMMER IN A BOTTLE

PICKLES & PRESERVES

Johanna Luttig, Great Karoo culinary legend shares her knowledge passed down over generations.

Let's celebrate nature's bountiful abundance!

Preserves, puddings and pies... a celebration of summer abundance. Summer fruit beckons us into the kitchen to prepare some deliciously fragrant dishes. Learn about the many ways that fruit can be incorporated into unusual combinations and interpretations of old classics. Learn about the art of preserving and pickling fruit and vegetables and discover some local family secrets passed down through the generations.

ITINERARY

FRIDAY

FROM 14:00 Arrive at African Relish and settle in to accommodation. Afternoon at leisure. Visit Gay's Dairy, SoetKaroo for a wine tasting, Art Gallery and quirky village shops or just relax and take in the peace and quiet.

18:30 Optional (own account) Ghost Walk and historical village ramble with Ailsa Tudhope. Meet at Fransie Pienaar Museum.

From 19:00 Dinner at African Relish **own account.**

SATURDAY

08:30 Visit to village market

09:00 Breakfast at African Relish

11:00 Cooking session Introduction to the art of preserving, sterilisation methods, containers and do's and don'ts.

13:00 Light lunch at African Relish

14:30 - 17:00 Cooking session Let your creative side do the work and get the juices flowing. Preparation of some Karoo classics, creative relishes, jams and whole preserves.

19:30 Dinner at African Relish where we enjoy the fruits of the day's culinary endeavours.

SUNDAY

07:00 Optional (for own account) Botanical excursion with Dr Sue Milton, renowned botanist and specialist in Karoo biome biology.

09:30 Karoo breakfast

13:00 Depart on onward journey

Price: R1950.00 per person sharing. Includes 2 nights accommodation and full day cooking course.

Price excludes all drinks.

We look forward to welcoming you to the magical Karoo and feel certain that you will leave us feeling refreshed and revitalised.

For optional excursions and own account activities please confirm with Virna on confirmation of reservation.



www.africanrelish.com

