

# SUMMER HARVEST FEAST



[www.africanrelish.com](http://www.africanrelish.com)

**Join us at African Relish in Prince Albert to celebrate the bountiful summer harvest.** The first flush of summer fruit beckons us into the kitchen to prepare some deliciously fragrant dishes. Learn about the many ways that fruit can be incorporated into unusual combinations and interpretations of old classics. Learn about the art of preserving and pickling fruit and vegetables and discover some local family secrets passed down through the generations.

Glorious juicy stone fruits, apricots, nectarines, peaches and plums and bountiful berries abound. Our local fruit producers in Prince Albert are in great demand and their delicious fruit wings its way across the globe every year. Fortunately we keep some here for your enjoyment!

## ITINERARY

### FRIDAY

**FROM 14:00** Arrive at African Relish and settle in to accommodation. Afternoon at leisure. Visit Gay's Dairy, SoetKaroo for a wine tasting, Art Gallery and quirky village shops.

**18:30 Optional** (own account) Ghost Walk and historical village ramble with Ailsa Tudhope. Meet at Fransie Pienaar Museum.

**From 19:00** Dinner at African Relish **for own account.**

### SATURDAY

**08:30** Visit to village market

**09:00** Breakfast at African Relish

**10:00 Cooking session** Explore some fruit relishes, chutneys and refreshing summer soups.

**13:00** Light lunch at African Relish

**14:30 - 17:00 Cooking session.** Creative summer cooking. Rawlicious combinations and hot and cold fruit salads

**19:30** Dinner at African Relish where we enjoy the fruits of the day's culinary endeavours

### SUNDAY

**07:00 Optional (for own account)** Botanical excursion with Dr Sue Milton, renowned botanist and specialist in Karoo biome biology.

**09:30** Karoo breakfast

**13:00** Depart on onward journey

**Price: R1950.00 per person sharing. Includes 2 nights accommodation and full day cooking course.**

**Price excludes all drinks.**

We look forward to welcoming you to the magical Karoo and feel certain that you will leave us feeling refreshed and revitalised.

**For optional excursions and own account activities please confirm with Virna on confirmation of reservation.**

