

9 DECEMBER - 11 DECEMBER 2011



www.africanrelish.com

CHRISTMAS IN THE KAROO

Create your own traditional South African Christmas Cuisine

Prince Albert's very own culinary crusader, Bokkie Botha, will be our host while we conjure up some new and creative ideas for a Real South African Christmas Feast. No more turkey, misseltoe and snow covered steamy plum puddings - we bring you true Karoo Christmas fare for those hot lazy summer days when we gather together to feast and give thanks. This is a perfect opportunity for families to get into our kitchen in Prince Albert to have some pre-Christmas fun. This course is specifically designed with children in mind so that you can start off the family holiday with a wonderful creative Christmas experience. We will explore new ways to create summer soups, the perfect Christmas braai (Karoo style), Christmas Tapas for long languid lunches and some festive drinks to try out in preparation for the New Year bash. All our courses include master class demonstrations, hands on cooking and of course savouring the fruits of your labours.

ITINERARY

FRIDAY

12:00 - Arrive at African Relish and settle in to accommodation.

13:00 - Light lunch served at African Relish, meet the team and receive your course outline.

14:30 - At leisure to explore the village and visit the local art gallery, antique shops and museum, or just relax and take in the peace and quiet.

18:30 Ghost walk and village ramble - Ailsa Tudhope, historian and story teller, takes you on a journey back in time with tales of ghosts and village rogues from the past. Meet outside Fransie Pienaar Museum.

20:00 Welcome dinner at African Relish

SATURDAY

06:30 - For the energetic an early morning walk up the lower reaches of the famous Swartberg Pass, built by Sir Thomas Bain in 1886. Mountain bikes rides are also available with a guide.

09:00 - Breakfast at African Relish

10:00 - Visit to Saturday Market for some local flavour.

11:00 - **Cooking session 1.** Christmas ideas for the Southern Hemisphere.... breaking tradition

13:00 - Light lunch at African Relish

14:30 - **Cooking session 2.** Creative Christmas recipes for hot summer days. Decorating a Christmas table—Karoo style!

17:00 - At leisure

19:30 - Dinner at African Relish where we enjoy the fruits of the day's culinary endeavours.

SUNDAY

06:30 - Gather at African Relish for coffee and rusks. Botanical excursion with Dr Sue Milton, renowned botanist and specialist in Karoo biome biology.

10:30 - Great Karoo Christmas Brunch including demonstrations on preparing a sumptuous Christmas brunch buffet.

13:00 - Depart on onward journey

Price: R3850.00 per person 2 nights/ 3 days. Inclusive of luxury accommodation, all meals, cooking classes, ingredients, soft drinks and special African Relish apron.

We look forward to welcoming you to the magical Karoo and feel certain that you will leave us feeling refreshed and revitalised.

